



LOOKING BACK,
GOING FORWARD

A YEAR END REVIEW

2020 REFLECTION

HIGHLIGHTS FROM EACH MONTH:

January:

February:

March:

April:

May:

June:

2020 REFLECTION

July:

August:

September:

October:

November:

December:

2020 REFLECTION

"The work of the mature person is to carry grief in one hand and gratitude in the other and to be stretched large by them. How much sorrow can I hold? That's how much gratitude I can give. If I carry only grief, I'll bend toward cynicism and despair. If I have only gratitude, I'll become saccharin and I won't develop much compassion for other people's suffering." -Francis Ward Weller

What did you miss the most this year? What were your greatest losses?

Consider writing a Psalm of lament based on the pattern of Psalm 22 to express your grief over these losses

What are you most grateful for this year?

Consider writing a Psalm of praise based on the pattern of Psalm 136 thanking God for these things

2020 REFLECTION

What did you learn?

What scripture or truth was most meaningful or shaping in 2020?

What's the best book you read this year? Why?

What habits formed your life most in 2020?

What are you most glad you did this year?

What relationships were most meaningful?

What words described your life in 2020?

2021 DREAMS

How do you hope to grow next year?

What words do you hope will describe you in 2021?

What habits will you hold this year to shape your soul, mind, heart and body?

What will you stop doing?

What relationships do you want to focus on deepening this year? How?

2021 DREAMS

What do you hope to accomplish this year?

If there's one thing you want to see happen, what is it?

What are your deepest prayers for 2021?